

FLOWER PLAY

This activity focuses on the following language skills: name/identifying verbs and adjectives, following one-step directions, requesting, joint attention (shared focus on an object)

MATERIALS NEEDED: Plastic bin, uncooked beans, artificial flowers, small flower pots/plastic cups

DIRECTIONS:

- Introduce the activity to your child and encourage joint attention by using short, simple phrases paired with pointing to an object. Say, “Look (child’s name), flowers!, “Oh, look (child’s name), let’s plant flowers!”
- Observe your child playing and talk about what they are doing. “Time to dump it!”, “Getting some more!”, “There’s the spoon”, “Flower goes in!”, “Stirring the beans!”
- Label your actions by saying, “Let’s scoop the beans! Scoop it, scoop it!, “Fill it up!”, “Put in. Let’s put in the flower”
- Use your language to describe by saying, “It’s red!”, “That one is big!”, “Here’s a blue one!”, “It’s so full!”, “That’s so pretty!”, “Let’s put in two flowers! It’s one, it’s two!”
- Encourage one and two-step directions. Say “Show me scooping”, “First scoop, then put in”, “First get red, then get yellow”
- Use language that talks about emotions. Say, “Wow! It’s so fun!”, “I like that!”, “We did it!”, “I’m so excited!”
- Encourage your child to request by saying, “More! Let’s get more flowers!”, “Help, I need some help!” (paired with the sign for each), “Let me try” (to request a turn)



SENSORY PLAY IDEAS

FLOWER GARDEN PLAY

- You will need:
 - plastic bin
 - uncooked beans
 - small flower pots or plastic cups
 - artificial flowers

INSTRUCTIONS

- Use the beans as the “dirt” to fill the flower pots
- “plant” the flowers in the beans to create a beautiful “garden”
- dump them out and start again. Make a whole new garden each time!

